

Speed Skating Alberta

Provincial Team Criteria Manual 2024-2025 Season



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1.0 GENERAL

This manual outlines the qualifying criteria for the 2024-25 Alberta Provincial Long Track and Short Track teams (hereafter '**Provincial Team**'). The support and funding (where applicable) provided to **Provincial Team** skaters for the 2024-25 season is also outlined. The objectives of support for the **Provincial Teams** are:

- to help provide a pathway for club skaters to progress to the National Team; and
- to provide support based on the level and needs of each skater on the **Provincial Team** so that they can progress to the National Team.

The Alberta **Provincial Team** consists of A (A1, A2, A3), B (B1, B2), and Development Teams in both Short Track (ST) and Long Track (LT). To assist with the determination of age categories for the 2024-25 season please see the table below:

SSC Category	Age*	ISU Classification	Date of Birth (DOB)
Youth	11	Junior D	DOB from 1/7/2012 to 30/6/2013
Youth	12	Junior D	DOB from 1/7/2011 to 30/6/2012
Youth	13	Junior C (C1)	DOB from 1/7/2010 to 30/6/2011
Neo Junior	14	Junior C (C2)	DOB from 1/7/2009 to 30/6/2010
Neo Junior	15	Junior B (B1)	DOB from 1/7/2008 to 30/6/2009
Junior	16	Junior B (B2)	DOB from 1/7/2007 to 30/6/2008
Junior	17	Junior A (A1)	DOB from 1/7/2006 to 30/6/2007
Junior	18	Junior A (A2)	DOB from 1/7/2005 to 30/6/2006

**Age of participant before July 1st prior to the competitive season*

2.0 ELIGIBILITY

In this section:

- "**Team Year**" is defined as the skating year (July 1-June 30) during which the skater is a member of any Alberta Provincial Team or otherwise receives direct financial support from SSA.
- "**Qualifying Year**" is defined as the skating year immediately **preceding** the Team Year (July 1-June 30)
- A skater must be registered as a Provincial/Territorial level skater (IceReg) with an Alberta club and Speed Skating Canada (SSC) for both the **Qualifying Year** and **Team Year** by **October 1st of both those years.**

2.1 To be eligible for any Provincial Team selection or support from SSA a skater *must*:

2.1.1 Be a member in good standing of an Alberta speed skating club and Speed Skating Canada during the **entirety of the Qualifying Year, and**

2.1.2 Be a member in good standing of an Alberta speed skating club and Speed Skating Canada during the **entirety of the Team Year, and**

2.1.3 **Not** receive support during the **Team Year** as a member of the Speed Skating Canada National Team, NextGen Team or be receiving Athlete Assistance Plan (AAP) funding from Sport Canada (otherwise known as carding), or be receiving covered coaching and facility access (i.e., RBC Athlete or equivalent), **and**

2.1.4 Be a permanent resident of Alberta, **unless** they reside in a neighboring province and the Alberta Speed Skating club in which they are a member is the nearest club to their home in that neighboring province, **and**

2.1.5 Be a Canadian citizen or permanent resident, **and**

2.1.6 Have resided in Alberta through the **Qualifying Year** and the skating year immediately preceding the **Qualifying Year, unless**:

- a) The skater is new to the sport of speed skating in the last two seasons, **and**
- b) Has not been registered as a skater in **another province** in Canada in the **Qualifying Year** or the skating year immediately preceding the **Qualifying Year, and**
- c) Have not been registered as a skater with another national speed skating body or branch or club of that body in the **Qualifying Year** or the skating year immediately preceding the **Qualifying Year, and**

2.1.7 Not have received any direct development funding from any other provincial or national speed skating organization (other than Speed Skating Canada as a member of the National Team or NextGen Team) in the Qualifying Year or the skating year immediately preceding the Qualifying Year, **and**

2.1.8 Are NOT:

- a) Still eligible to continue membership in another provincial or territorial speed skating body in Canada or in another national speed skating body other than SSC, **and**
- b) Still eligible, had they continued membership in another provincial or territorial speed skating body in Canada, to receive or qualify for direct development funding from that other provincial or territorial body or from that province or territory directly, **or**
- c) Still eligible, had they continued membership in another national speed skating body (besides Speed Skating Canada), to receive direct development funding from that other body or branch or club associated with that body.

Note: A skater must meet all of the requirements of 2.1.1 through 2.1.8.

2.2 Alberta Skaters Residing Outside the Province

Provincial A, B and Development Team skaters who are temporarily living outside of Alberta can remain a **Provincial Team** member and receive support if they:

- 2.2.1 Are registered as a member of an Alberta Club, **and**
- 2.2.2 Are following a training program appropriate for the level of the skater as determined by the Director, Sport, **and**
- 2.2.3 Continue to meet the performance criteria outlined in this manual, **and**
- 2.2.4 Does not receive funding from another province, the Government of Canada or another country.

2.3 Alberta Skaters Returning to Alberta After Competing for Other Provinces/Countries

Athletes who have been skaters in Alberta and who have temporarily resided outside of Alberta where they have skated for other provinces/countries in competition, can be reinstated as an Alberta Skater, apply for funding, and become eligible for the **Provincial Team if:**

- 2.3.1 Their stay outside of Alberta was not more than 3 years, **and**
- 2.3.2 At the time of relocation, the skater was under the age of 18 years and relocated with their parents, **and**
- 2.3.3 They meet the required criteria for the Provincial Team (A, B, or Development).

3.0 COMMITMENT

Skaters will fulfill their commitment requirements when they follow a training program that is deemed appropriate for their age and development as determined by the skater's coach and the Director of Sport. This will include a written request from the Director of Sport for training programs (i.e., yearly training plan or YTP) which must be shared within one week of the request. Sharing of the YTP will show adequate progressive training hours, including strength and dryland training.

For those skaters who, under special circumstances that may affect their ability to follow a full-time training program, special requirements may be put in place in order for them to receive **Provincial Team** support or funding. See **Section 7** for details.

4.0 SHORT TRACK PERFORMANCE CRITERIA

4.1 Short Track Provincial Team (A1, A2, A3, B1 and B2)

For selection of the Short Track Provincial Team (A1, A2, A3, B1, and B2) for the 2024-25 season, Alberta skaters may qualify in **two ways:**

- 4.1.1 Through results by times skated on the 111m track in each of the specified distances in any Provincial, SSC or ISU sanctioned short track competition which occurred between August 1, 2023 and March 31, 2024 and that each result, when being calculated as a percentage, will be done by comparing the result to the Canadian Senior Record** on the 111m track that stand at the end of the 2023-24 season; **or**
- 4.1.2 By ranking from National Short Track events.

*** Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 4.3.*

4.2 Short Track Provincial Development Team (Juniors only)

For selection of the Short Track Development Team for the 2024-25 season, Alberta skaters:

- 4.2.1** Must meet the requirements in section 2 (Eligibility) of this document; **and**
- 4.2.2** Must be a Junior A (A2, A1), B (B2, B1) or C2 as per the ISU Classification (see section 1 - General of this document) in the season that they qualify for the Provincial Development Team; **and**
- 4.2.3** Must meet the time standards outlined in Appendix B.

4.3 In-Season Team Nominations (2024-25 Season)

Skaters can be named to the **Provincial Team** (including Development Team) during the current season when they attain the required time standards outlined in Appendix B. Skaters are not eligible for funding from Speed Skating Alberta, however they are eligible for a subsidized Provincial Team racing suit (see section 7 - Speed Skating Alberta Support).

4.4 Performance Levels (2025-26 Season)

A skater will qualify for the 2025-25 **Provincial Team** (including Development Team) by Team Level based on the Performance Levels achieved as outlined in the table below.

Performance Levels (2025-26 Season)		
Team Level	By Times	By Event Results in 2024-25 Season
A1	Under 106%	Top 24 in 2024-25 Final Senior Ranking
A2	Under 108%	Top 16 (Canadian Junior Championships or Final Junior Ranking) or Top 32 (Final Senior Ranking)
A3	Under 110%	Top 24 (Canadian Junior Championships or Final Junior Ranking) or Top 40 (Final Senior Ranking)
B1	Under 112%	Qualifying for Canadian Junior ST Championships
B2	Under 115%	
Dev T	Under 115%	*Using the Canadian Junior ST records

- 4.4.1** Percentages are an average of the percentages from their 2024-25 season's best two distances including 500m and 1000m or 1500m. The cumulative time for the two distances (500m+1000m or 500m+1500m) will be determined, and then the percentage reached will be determined based on that

cumulative time. At the National level this approach is used, and it sets the precedent with which our provincial criteria align. See Appendix B for the 2024-2025 season time standards.

Example: The appropriate way to calculate the cumulative time is given below using a male skater ('Skater A') who has a 500m time of 43.707 and a 1500m time of 2:15.964.

- Canadian ST Record times (see Appendix B): 500m (39.845); 1500m (2:06.565)
- Based in this information, the percentage level reached are
 - For the 500m is: 109.693%
 - For the 1500m is: 107.426%
- Thus, the cumulative average is $(109.693 + 107.426)/2 = 108.560\%$

Therefore, Skater A will qualify for the 2025-26 Provincial Team with a Team Level A3, as their cumulative percentage average is (over 108% but less than 110%).

4.4 Length of Eligibility

A1 Team Level: Skaters can maintain their A1 level team ranking as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than **5 seasons** in total at the A Performance Level without being named to the National Team or being carded by Sport Canada, beyond which their funding will be cut to 50% of the full funding for Level A1. After the first season of reaching Level A1, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A1. Seasons that are exempt from counting towards the 5 years are described in section 8 (Special Circumstance).

A2, A3, B1 and B2 Team Levels: Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for the higher level. Seasons that are exempt from counting towards the 3 years are described in section 8 (Special Circumstances).

5.0 LONG TRACK PERFORMANCE CRITERIA

5.1 Long Track Provincial Team (A1, A2, A3, B1 and B2)

For selection of the Long Track Provincial Team (A1, A2, A3, B1 and B2) for the 2024-25 season, Alberta skaters must use results skated in any Provincial, SSC, or ISU sanctioned Olympic Style competition which occurred between August 1, 2023 and March 31, 2024, and that result** when compared to Canadian Senior Olympic Style Records that stand at the end of the 2023-24 season, must meet the criteria on the following page:

*** (Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 5.3)*

5.2 Provincial Long Track Development Team (Juniors only)

For selection of the Long Track Development Team for the 2024-25 season, Alberta skaters:

5.2.1 Must meet the requirements in section 2 (Eligibility) of this document; **and**

5.2.2 Must be a Junior A (A2, A1), B (B2, B1) or C2 as per the ISU Classification (see section 1 - General of this document) in the season that they qualify for the Provincial Development Team; **and**

5.2.3 Must skate under the designated times using results skated in at least one of the specified distances in a Provincial, SSC or ISU sanctioned Olympic Style Event done between August 1, 2023 and March 31, 2024 and that any result, when being calculated as a percentage, will be done by comparing the result to the Canadian Senior ISU Olympic Style Record in that distance that stands at the end of the 2023-24 season.

5.3 In-Season Team Nominations (2024-25 Season)

Skaters can be named to the **Provincial Team** (including Development Team) during the current season when they attain the required time standards outlined in Appendix B. Skaters are not eligible for funding from Speed Skating Alberta, however they are eligible for a subsidized Provincial Team racing suit (see section 7 - Speed Skating Alberta Support).

5.4 Performance Levels (2025-26)

A skater will qualify for the 2025-26 **Provincial Team** (including Development Team) by Team Level based on the Olympic Oval A and B time standards. The Oval A Time for each distance will act as a midpoint for the model with three (3) time standards above the A standard (A1, A2, A3) and three (3) time standards between the A and B standards (B1, B2 and Dev Team).

The following criteria will qualify the skater for the outlined Team Level for the 2025-26 season. See Appendix B for the 2024-2025 season time standards.

Female (% to be under in each distance)					Team Level	Male (% to be under in each distance)				
500M	1000m	1500m	3000m	5000m		500m	1000m	1500m	5000m	10000m
106%	106%	108%	108.5%	108.5%	A1	106%	106%	106%	108%	108%
108%	108%	111%	111%	111%	A2	108%	108%	108%	110%	110%
110%	111%	113%	113%	113%	A3	110%	110%	110%	112%	112%
113%	114%	115%	116%	116%	B1	113%	113%	113%	115%	115%
115%	116%	118%	119%	119%	B2	115%	115%	115%	118%	118%
118%	120%	121%	122%	122%	Dev T	119%	119%	119%	121%	121%

5.4.1 Percentages are an average of percentages from their 2023-24 season's best two distances including 500m, 1000m, 1500m, 3000m, 5000m for women and 500m, 1000m, 1500m, 5000m, 10000m for men. The cumulative time for the two distances will be determined, and then the percentage reached will be determined based on that cumulative time

Example: Calculation of cumulative time is as per the Short Track calculations (see section 4.2.1).

5.4 Length of Eligibility

A1 Team Level: Skaters can maintain their A1 team level of support as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 5 seasons in total at the A1 Performance Level, beyond which their funding will be cut to 50% of the full funding for Level A1. After the first season of reaching Level A1, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A1. Seasons that are exempt from counting towards the 5 years are described in section 8 (Special Circumstances).

A2, A3, B1, B2 Team Levels: Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level, beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for that level. Seasons that are exempt from counting towards the 3 years are described in section 8 (Special Circumstances).

6.0 YOUTH DEVELOPMENT TEAM (YDev T): 11-13 Years

The primary goals for the Alberta Youth Development Team (YDev T) are to promote and support skater development through progressive training and racing in safe, fun and inclusive environments. Progression from season to season supports this development and provides a framework and targets for every season. Progressive training season after season assists with the overall development of our youth as they learn to incorporate the many important components of training such as recovery, nutrition, and injury prevention.

This progression is augmented with training camps offered throughout the year. Racing is progressively added to the skaters' seasonal programs to develop racing acumen. Most importantly, we are creating a social network of training and racing for all our skaters to grow and encourage one another. We are championing a community that values effort, sportsmanship, and resilience. This progression also aims to prepare our skaters for the Neo Junior and Junior competition circuits. Coaches and families can plan years ahead as they see the recommended progressions.

6.1 Time Standards

A Youth skater must achieve either a 400m short track time or a 500m long track time below the time standard outlined in the chart, for their respective categories.

Youth Development Team - Short Track (400m)

	Youth 11	Youth 12	Youth 13
Male	53.00	51.00	49.00
Female	54.00	52.00	50.00

Youth Development Team - Long Track (500m)

	Youth 11	Youth 12	Youth 13
Male	56.00	54.00	52.00
Female	57.00	55.00	53.00

Youth skaters will be named to the Youth Development Team throughout the season upon reaching the indicated time standard for their category (age and gender) in which they are skating. Coaches are responsible for submitting information confirming the times for each skater. Please submit time standards to the Director, Sport (see Appendix C).

6.2 Recommendations for Youth Skater Development

To support coaches and families in the development of their Youth skaters, the following recommendations are available by Youth categories:

Youth 11 (Y11): Based on a 29-week YTP

- Training/Racing Volume: 70%/30%
- Attend 4 separate competitions (one or two-day competitions)
- Enrolled in 3 training sessions/week. This can be a combination of an on-ice, off-ice and/or other sports(s) training session.
- Attend one SSA-supported program (i.e., AB HUB programming, Summit Kids or Summit Performance Camps).

Youth 12 (Y12): Based on a 35-week YTP

- Training/Racing Volume: 65%/35%
- Attend 5 separate competitions (one or two-day competitions)
- Enrolled in 4 training sessions/week. This can be a combination of an on-ice, off-ice and/or other sports(s) training session.
- Attend a minimum of two SSA-supported programs (i.e., AB HUB programming, Summit Kids or Summit Performance Camps).
- Engaged in regular age-appropriate strength training (1-2 sessions/week)

Youth 13 (Y13): Based on a 39-week YTP

- Training/Racing Volume: 60%/40%
- Attend 6 separate competitions (one or two-day competitions)
- Enrolled in 5 training sessions/week. This can be a combination of an on-ice, off-ice and/or other sports(s) training session.
- Attend a minimum of two SSA-supported programs (i.e., AB HUB programming, Summit Kids or Summit Performance Camps).
- Engaged in regular age-appropriate strength training (1-2 sessions/week)

Additional Notes:

- There is considerable flexibility woven in the recommendations due to the many different realities of our clubs.
- The training sessions per week can be obtained by combining speed skating physical activities (on/off ice) and/or non-speed skating sport activities.
- Time standards per Youth category were derived from the times skated (average of the range) in the 2023/24 season by Alberta skaters.
- Age-appropriate strength training can include dedicated dryland activity with specific body weighted movements (i.e., squats, lunges to learn proper biomechanics, increased body awareness). The goal is to develop strong movement patterns for the eventual addition of weights. This is also a big component of injury prevention.
- Training and race volume progressions are supported by research and outlined in the Sport for Life's [Long-Term Development in Sport and Physical Activity 3.0](#).

6.3 Recognition

For the 2024-25 season, a Youth skater who qualifies for the Youth Development Team (YDev T) will be given the opportunity to purchase a YDev T training jacket. Information and ordering details will be provided by SSA staff once qualification to the team is confirmed.

7.0 SPEED SKATING ALBERTA SUPPORT

The amount of support, including funding, available for the **Provincial Team** is determined by the Board of Directors, as part of the yearly budgeting process. The total funding amount and the amount of funding per skater may vary yearly.

In general, and unless noted otherwise, funding and support from Speed Skating Alberta to **Provincial Team** members is to be considered as a recognition as opposed to reimbursement. The funding allocation will be distributed as outlined in this document. Development Team and Youth Development Team members do not receive financial support; however, they are eligible for subsidized skins suits and/or other training gear as specified in this document.

7.1 Distribution of Funding (2024-25 Season)

Each Team Level is weighed to determine the funding level. The total amount of available funding is divided among the skaters based on this weighting:

A1 Team Performance Level	5
A2 Team Performance Level	4
A3 Team Performance Level	3
B1 Team Performance Level	2
B2 Team Performance Level	1

Speed Skating Alberta will distribute 50% of the funding in the first half of the season (and not later than December 31), once they have:

1. Enrolled in an appropriate level program for speed skating (i.e. Oval Program or augmented club programming)
2. Fulfilled the requirements in Section 2.0 (Commitment).
3. Have signed the AB Athlete Code of Conduct.

Speed Skating Alberta will distribute the remaining funding in the second half of the season (and no later than March 31) once the skater has fulfilled (and reported) their volunteer requirements for the 2024-25 season.

Note: If any skater receives any funding in the form of cash from SSA, it is up to the skater to ensure that such funding is properly reported on their income tax return for the year in which the funding is received. SSA assumes no liability whatsoever for any penalties imposed upon the skater or their parents for failure to comply with Canada Revenue Agency requirements.

7.2 Provincial Team Racing Suits

All skaters who are named to, and continue to meet the eligibility and criteria for, the **Provincial Team** (A1, A2, A3, B1, B2, or Development) are eligible for the following:

- One (1) subsidized Alberta team racing skin suit at the cost of \$100.
 - Racing suits will be provided at the subsidized rate every 2 years.
 - Speed Skating Alberta's budget for racing suits is based on a suit lasting at least two (2) seasons which means that skaters should not wear the Provincial Team racing suits on a regular basis in training to avoid reducing the suits' lifespan.
- Opportunity to purchase (at full price) an additional Alberta team racing skin suit if purchased before the skater is eligible for a subsidized suit again.
- Opportunity to purchase an old Alberta team racing skin suit, pending availability. Pricing will be determined by SSA staff based on the condition of the suit.

The above applies to skaters who attain the required seed times for the **Provincial Team** (A1, A2, A3, B1, B2, or Development) during the season.

SSA staff will provide information on ordering details once a skater is named to the Provincial Team.

7.3 Team Alberta Pool Racing Suits

Skaters selected to represent Alberta at the Canadian Youth Short Track (CYST) and Canadian Youth Long Track (CYLT) Championships are eligible to receive a pool racing suit for the duration of the competition. Information will be provided by SSA staff in pre-championship communications.

Additionally, Neo Junior and Junior aged skaters not named to the Provincial Team but competing at an event on Speed Skating Canada's National Calendar are eligible to race in an Alberta Pool suit. Please contact SSA staff at info@aassa.ca to request a pool racing suit.

Speed Skating Alberta expects that all pool racing suits are to be washed after use prior to return.

8.0 SPECIAL CIRCUMSTANCES

8.1 Role of the Skater Development Committee (SDC)

The Skaters Development Committee (SDC) may provide the same level of support as the previous season in cases where a skater's performance levels or drops off from the season before *if*:

8.1.1 The skater had an injury or illness that is judged to have affected their ability to produce their best or normal results by season's end. The SDC will make this judgement based on performance results, input from the skater's coach and a report of the injury or illness identified by the skater as the reason for their failure to produce their best or normal level of results for the season. This report must be from a medical doctor or other qualified professional in a related field (i.e. Physiotherapist) and must be provided if the skater's request is to be considered. SSA has the right to ask for additional medical documentation if the report received is insufficient for SSA to decide, **and**;

8.1.2 The skater continues to fulfill the requirements of section 2.0 (Commitment) and section 3.0 (Eligibility) during the season for which they will receive the funding. This means that the skater must make appropriate efforts to rehabilitate and get back to normal training and competition levels as expected with their level of support.

8.1.3 If a skater does fulfill the requirements listed in 8.1.1 and 8.1.2 then the season in which their performance remains level or dropped off will **not** count towards the maximum numbers of seasons allowed at each level.

8.2 Injured Skater

A skater may continue to receive support, earned through performance from the season before, even while injured if the skater demonstrates a need (supported by the skater's coach) for training support even if injured. For example, this could be in the form of physiotherapy treatments or rehabilitation, or for training expenses if the athlete can still train but not perform at normal levels.

8.3 Changing Discipline

If a skater is changing disciplines for the upcoming season, they may still receive the funding for that season based on their performance in the discipline they are leaving.

For example: A skater earned B1 level status in the previous season in short track and is switching to long track for the coming season they can still receive B1 funding for the coming season if switching to long track. This is to support and recognize training and work they have done and to assist those who may be looking to switch disciplines and to help keep these skaters. The skater must continue to fulfill the requirements of section 2.0 (Commitment) and section 3.0 (Eligibility) during the season for which they will receive the funding. The funding allocation comes from the discipline to which the skater is moving to. In the above example, the skater receives funding allocation from the LT budget. If a skater qualifies for the AB team in both LT and ST, the skater receives funding allocation for the highest team criteria earned (LT or ST), **not for both.**

8.3.1 The skater's subsequent **Provincial Team** level status will be based on the performance of the skaters' first full season (transition season) in the discipline they have switched to.

For example: If a skater switches to LT and holds an A1 ST Level, they will skate their first LT transition season as A1. The next season, their level will be determined based on the performance of the transition year.

8.5 Training Commitment

An Alberta Provincial Team skater's level of support for a season may have to be based on their performance for that **same season** even if they had qualified for a certain level from the previous season if they are not able to meet the training commitment in that they cannot train full time or at an appropriate level for that season due to school, or other commitments.

For example: A skater qualified for the A1 Team in Long Track for 2021-22 based on their performance during the 2020-21 season but cannot train full time during the 2021-22 season due to school requirements, then their support level for 2022-23 must be backed up in the funding year and will be based on their performance during the 2019-20 season.

9.0 NATIONAL TEAM (NT) AND NEXTGEN SUPPORTED SKATERS

Alberta skaters named to the National Team or NextGen Team by Speed Skating Canada are not eligible for funding from Speed Skating Alberta if they receive AAP funding from Sport Canada for the season.

Additionally:

- Alberta skaters named to the National or NextGen Team but do not receive carding funding may be eligible for Provincial Team funding.
- Alberta skaters who lose a place on the National Team or NextGen Team at the end of a season will be eligible to qualify for funding and support based on their performance from that previous season for the next season under the same criteria as the other **Provincial Team** members. Any previous years at PT Level A1 would count towards the five-year limit allowed at level A.
- An Alberta Provincial Team racing suit may be offered to those Alberta skaters who do not receive a National Team suit from SSC.

10.0 PROVINCIAL TEAM MEMBER REQUIREMENTS

All **Provincial Team** members **must**, for the season for which they receive funding or support by Speed Skating Alberta:

10.1 Meet the requirements outlined in sections 2.0 (Eligibility) and 3.0 (Commitment) in this document.

10.2 Demonstrate their commitment, professionalism, respect and punctuality by attending Provincial Team meetings and events as required by Speed Skating Alberta.

10.3 Wear **Provincial Team** racing suits during any competition when representing Alberta. Speed Skating Alberta may from time to time relax this requirement due to racing suit availability, skater's comfort, or other circumstances as determined by Speed Skating Alberta.

10.4 Be proactive regarding the avoidance of banned substances, including those substances on [The Prohibited List](#) published by the Canadian Centre for Ethics in Sport (CCES). **Provincial Team** Members are expected to be informed and to attend the anti-doping seminars that are offered in their area when possible.

10.5 Complete a minimum of **6 hours** of volunteerism in support of the speed skating community in Alberta. Examples of volunteer activities or events recognized by Speed Skating Alberta are:

- Competitions hosted by SSA or an SSA Member Club
- Fundraising events hosted by SSA or an SSA Member Club
- Coaching for SSA or an SSA Member Club
- General administrative support for SSA or an SSA Member Club

The total amount of volunteer hours must be completed and reported to Speed Skating Alberta (infor@aassa.ca) no later than **March 31** of the **Team Year**. Provincial Team members should contact Speed Skating Alberta if they need assistance finding volunteer opportunities or are unsure if their intended volunteer activity will be recognized by SSA.

Speed Skating Alberta may from time to time call on Provincial Team members to support organizational activities.

11.0 PROVINCIAL TEAM MARKETING AND PROMOTION

Speed Skating Alberta retains the right to determine all commercial markings worn or added on **Provincial Team** racing suits and/or team clothing. **Provincial Team** members may be asked to attend events in connection with Speed Skating Alberta marketing and promotional activities.

Provincial Team members are encouraged to seek out sponsorship and/or other funding to support their speed skating efforts. Any sponsorship agreement arranged by a Provincial Team member must be approved by SSA's Executive Director to avoid potential conflicts with Speed Skating Alberta sponsors.

12.0 PROVINCIAL TEAM SKATER REPRESENTATIVE ELECTIONS

Members of the **Provincial Team** are eligible to be named as skater representatives for their respective discipline on the Skater Development Committee (SDC). One (1) skater representative from the long track and one (1) short-track provincial team will be elected to the SDC.

12.1 Elections

- The election process, including nomination period and voting process, will be communicated by the SDC Chair(s)
- If voting is required, the voting process will be overseen by the SDC Chair(s) and done using a secret ballot.

12.2 Other Information

- Time spent serving as a skater representative will count towards volunteer hours.
- If a skater representative cannot attend an SDC meeting, an alternate representative may be appointed by that skater representative.
- If a skater representative should resign during the season, then another election may be held at the earliest convenience.

13.0 SAFE SPORT POLICIES

Speed Skating Alberta is committed to providing an environment where all Individuals involved with SSA are treated with respect and fairness. SSA provides Individuals with an Appeal Policy to enable fair, affordable, and expedient appeals of certain decisions made by SSA.

APPENDIX A: ALBERTA PROVINCIAL TEAM MEMBERS (2024-25)

SSC SUPPORTED (National Team or NextGen Athletes)		Discipline
Bloeman	Ted-Jan	LT (National Team)
Howe	Connor	LT (National Team)
Langelaar	Tyson	LT (National Team)
Pearman	Maddison	LT (National Team)
Hall	Laura	LT (National Team)
Doan	Jalen	LT (NextGen)
Hall	Daniel	LT (NextGen)
Poulin	Max	LT (NextGen)
Johnson	Anders	LT (NextGen)
McDougall	Brooklyn	LT (NextGen)
Beeson	Darby	LT (NextGen)**
Zhao	Yankun	LT (NextGen)
Halyk	Max	LT (NextGen)**

** Will receive A3 level funding from SSA

Speed Skating Alberta Provincial Team		Discipline
A1 Level		
Eaves	Mikka	ST
Roth	Frank	LT
St Rose	Ryan	ST
A2 Level		
Miller	Cody James	ST
Pederson	Matej	LT
A3 Level		
Adelman	Zakhary	ST/Dev Team LT

Deibert	Jack	LT
Erasmus	Andre	LT
Goplen	Victoria	LT
Hathaway	Josh	LT
Bourgeois	Anna	LT
Champagne	Isabelle	LT
Langstrom	Emma	LT
B1 Level		
Angelozzi	Erik	LT
de Vlieg	Tatiana	LT
Kettye Kozuback	Nathon	ST/Dev Team LT
Lueders	Maya	LT
Medlicott	Matthew	LT
Ogilvie	Gavin	ST
Padbury	Gabriel	ST
Prpich	Elise	LT
Van Der Merwe	Caleb	ST
Volstad	Maxine	ST/Dev Team LT
B2 Level		
Chomin	Marek	ST/LT
Chomiak	Osa	ST
Currie	Cassandra	ST
Gilbert	Brock	LT
Grewal	Prabhnoor	ST
Kremenik	Braeden	LT
Development Team Level (Junior Only)		
Fochuk	Lily	ST

Hicks Angus	ST
Robinson Liam	LT
van den Berg Jack	DevT LT

RETIREMENTS (2023-24)	
Mathias Bathe	LT
Heather Carruthers	LT
Jared Farquharson	LT
Alison Desmarais	LT
Hobbles Holtzer	LT
Molly Johnson	LT
Zachary Lacroix	LT
Kaleb Muller	LT
Caitlin Pelkey	LT
David Seal	ST
Lewis Spence	ST
Kaeden Witkowski	LT

APPENDIX B: TIME STANDARDS (FOR USE IN 2024-2025)

Provincial Team qualification is based on the average percentage from any two (2) distances. Skaters are not required to have both distances under 115%.

Short Track Criteria

The selection is based on percentages of the Canadian senior record: 106% (A1), 108% (A2), 110% (A3), 112%(B1) and 115% (B2). The Development Team standard is 115% of the Canadian Junior record. Skaters qualify using the average percentage of any two distances.

F/M	Distance (m)	CDN Jr ISU Rec	CDN REC	Provincial Team Performance Levels					
				A1 Team	A2 Team	A3 Team	B1 Team	B2 Team	Dev Team
Male	500	41.20	39.90	42.29	43.09	43.89	44.68	45.88	47.39
Male	1000	1:24.05	1:21.82	1:26.72	1:28.36	1:30.00	1:31.63	1:34.09	1:36.65
Male	1500	2:12.70	2:06.57	2:14.16	2:16.69	2:19.22	2:21.75	2:25.55	2:32.61

Female	500	43.65	41.94	44.45	45.29	46.13	46.97	48.23	50.205
Female	1000	1:28.38	1:27.47	1:32.72	1:34.47	1:36.22	1:37.97	1:40.59	1:41.64
Female	1500	2:23.53	2:16.64	2:24.83	2:27.57	2:30.30	2:33.03	2:37.13	2:45.05

Long Track Criteria

The selection is based on the Olympic Oval A and B time standards. The Oval A Time for each distance will act as a midpoint for the model with three (3) time standards above the A standard (A1, A2, A3) and two (2) time standards between the A and B standards (B1, B2) and Development Team. Skaters qualify using the average percentage of any two distances.

F/M	Distance (m)	CND REC	Provincial Team Performance Levels					
			A1 Team	A2 Team	A3 Team	B1 Team	B2 Team	Dev Team
Male	500	33.77	35.80	36.47	37.15	38.16	38.84	40.19
Male	1000	1:06.72	1:10.72	1:12.06	1:13.39	1:15.39	1:16.73	1:19.40
Male	1500	1:42.01	1:48.13	1:50.17	1:52.21	1:55.27	1:57.31	2:01.39
Male	5000	6:01.86	6:30.80	6:38.05	6:45.28	6:56.14	7:07.00	7:17.85
Male	10000	12:33.75	13:36.21	13:51.33	14:06.44	14:29.11	14:51.79	15:14.46
Female	500	37.22	39.45	40.20	40.94	42.06	42.80	43.92
Female	1000	1:12.68	1:17.04	1:18.49	1:20.68	1:22.86	1:24.31	1:27.22
Female	1500	1:51.76	2:00.70	2:04.05	2:06.29	2:08.52	2:11.88	2:15.23
Female	3000	3:53.34	4:13.17	4:19.01	4:23.67	4:30.67	4:37.68	4:44.68
Female	5000	6:46.81	7:21.39	7:31.56	7:39.70	7:51.90	8:04.10	8:16.31

APPENDIX C: IN-SEASON TEAM NOMINATION: PROCESS AND FORM

Please review this information to nominate a skater to a provincial team during the current season when they attain the required time standards outlined in Appendix B. **Before completing the form, please review sections 1 (General) and 2 (Eligibility) as well as the eligibility criteria in sections 4, 5 or 6 depending on the age of the skater and discipline.**

Process:

- The skater’s coach must complete and submit the form below to their Member Club’s Skater Development Committee (SDC representative AND the Director, Sport (technicaldirector@aassa.ca)
 - If necessary, the SSA Director, Sport may request the event protocol from the Member Club SDC representative.
- The Director, Sport and SDC Chair(s) will review the information to confirm if time standards are met.
- Once the standards are confirmed to have been met, the Director, Sport will inform the SDC members. This can be done electronically or at the next meeting of the committee. This is intended for information purposes and not for approval. The Director, Sport will also inform the SDC members when the standards were not met.
- The Director, Sport will then inform the coach who submitted the form of the outcome of the review.

- Should the skater be named to one of the provincial teams, the Director, Sport is responsible for informing the skater and/or parent(s)/legal guardian(s) for skaters under the age of 18 with the Provincial Team requirements.

In-Season Team Nomination Form			
Skater (First, Last Name(s)):	Select one (1):		Discipline:
	<ul style="list-style-type: none"> Provincial Team Development Team Youth Development Team 		<ul style="list-style-type: none"> Short Track Long Track
Date of Birth:			
ISU Classification:			
Member Club:			
Distance(s)	Times (to 3 decimals places)	Competition (Location & Date)	SSA Verification & Approval
400m (ST-YDT)			
500m			
1000m			
1500m			
Submitted by (Club Coach):		Date Submitted:	Member Club SDC Representative:

*Times can come from different competitions. Only SSA, SSC or ISU sanctioned times will be used. 0.2 seconds will be added to manual times.